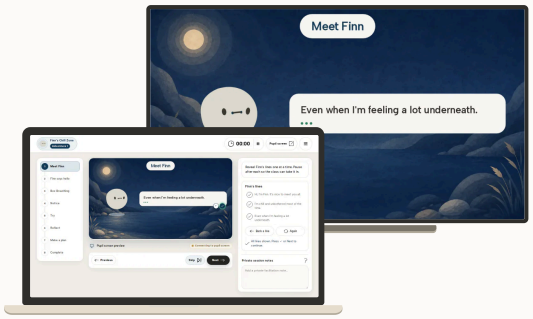
For schools

How Orli works in school

Orli helps primary children understand and manage their feelings, so more of them are ready to learn.

Orli isn't a new curriculum or a therapy. It fits into the moments you already have: after lunch, transitions, nurture groups and 1:1 time.



Children see the story on the class board. Your script, timer and private notes stay on your laptop.

A session in five steps

1. **Check in**
   "How is your Orli feeling today?" Nothing is saved or measured.
2. **Story**
   An Orli meets a problem and shows one thing that helps, one line at a time.
3. **Try it**
   Off screen: a breath, a stretch, a drawing or a chat. Children can join in, watch or pass.
4. **Reflect**
   Short questions, one at a time, with the class's ideas on the board.
5. **Plan**
   One or two ideas to use later, then a small celebration.

A guide sits beside you at every step, with teaching prompts and a timer. Names, attendance and private notes never go on the board.

Three ways to use it

Orli Bites

Short resets for the start of the day, after lunch or before a test. Breathe with Orla, or fold a worry away with Nova.

About 5 minutes. 17 Bites across six Orlis.

Adventures

Story sessions that introduce each Orli and teach one thing that helps.

On the board. Three Adventures in each of six worlds, starting in Orla's Garden.

Small groups and 1:1

Each child makes their own Orli, then you run any Bite or Adventure at their pace.

With Orli kits.

What you need

- ✓ **A laptop for you,** connected to the class board or projector. It runs in a web browser, with nothing to install, and children don't need devices.
- ✓ **Paper and pencils, or the Orli scrapbook,** for activities off screen.
- ✓ **Orli kits, if you have them.** No kits? Children can make and draw their own Orli with the free guide in Resources at orli.health.

Getting started

- ✓ **A short tour** shows you round the first time you sign in, from adding students to your first session. It won't add or change anything.
- ✓ **Your first session is Orla Adventure 1.** Run it with your class and save it, and the other Adventures and Bites open up.
- ✓ **No specialist training.** Help & support has four quick tutorials that guide you on the real pages.

What it costs

One licence covers your whole school, with no per-staff or per-pupil seats. Ask us for a quote.

Try Orli with a small group, free

Digital access to Orli Schools for the staff running the trial, plus a free creator kit for a small group of 5 pupils or a whole class of 30. You just cover postage and packaging.

Trial details are still being finalised. We'll confirm exactly what's included before anything is sent.

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